



## **P.G.C. SUMMER NEWSLETTER – 2017**

Our sessions this season have been quite successful with wonderful students increasing their gymnastics skills and having fun! Our Preschool program introduced good physical activity to our younger students while learning skills. Our 5 and 6 year old students have increased their strength and coordination while venturing into the world of varied gymnastics skills. Our students ages 7 and over have pursued new skills with a passion while increasing strength and flexibility. Team P.G.C. members have gained new skills, learned new routines and enjoyed the introduction to competitive gymnastics. Our competitive team, The Mannettes, are competing in the U.S.A. Gymnastics National Program. They have won many medals and gymnastics titles. Have competed in State, Regional and National Championships to add to their history of great gymnastics. Let's not stop here!! Summer is a time when we can continue our quest for good health while learning skills that are physically and mentally rewarding. Gymnastics develops great confidence and self-esteem. Strong and healthy kids are our goal!

We are offering a summer program beginning Wednesday, July 5<sup>th</sup> and continuing through Friday, August 25<sup>th</sup>. Parents and kids want gymnastics in the summer. We have all this free time and no school. Our program is devised for students who would like to continue advancing their skills and enjoying gymnastics. However, every parent has the same thought – fear of missing classes, no time to make up a class or away on vacation. Our Summer Schedule is a “pay-as-you-go” program. No worrying about missing classes. Come for as many classes as you can – bring a friend! View our Registration Form for further details. Our gym is not air conditioned but has good ventilation and large fans. Since Mother Nature can be unpredictable, we reserve the right to cancel any evening class if we feel the heat will contribute to an unhealthy condition. Please call our office if the temperature is 89 degrees or over. The cancellation will also be emailed to all expected to attend that day. Our instructors will offer P.G.C. curriculum at all of our scheduled classes. Information is available in our main lobby or at [www.philadelphiagymnastics.com](http://www.philadelphiagymnastics.com) under the “Summer Classes” link. If you wish to have the information mailed, call our office or send an inquiry through our website.

**GYMNASTICS CAMP** - Do not forget our very popular Gymnastics Camps.

Preschool children - ages 3 through 5 - June 12<sup>th</sup> through June 16<sup>th</sup>.

Gym Jam Camp for Girls – ages 6 and over – any level – June 19<sup>th</sup> through June 23<sup>rd</sup>.

Registration forms available on our website at [PhiladelphiaGymnastics.com](http://PhiladelphiaGymnastics.com) or between the bulletin boards in our main lobby. Reserve and register quickly!

### **FALL SCHEDULE**

Our 2017 Fall Schedule will be available on our website and is sent to families on our mailing list in early July. If you will not be home at that time, please feel free to give us your vacation address and we will mail it to you. If you are not on our mailing list please visit our website and send us a request for information. Remember - it is important to register early, as we fill up very quickly.

**FROM ALL OF US AT P.G.C. - ENJOY YOUR SUMMER - PLAY LOTS AND HAVE FUN!!!**

Philadelphia Gymnastics Center • 26 Portland Road, Suite 100 • West Conshohocken, PA 19428

Office: 610-825-3023

Email: [pgcgymnastics@aol.com](mailto:pgcgymnastics@aol.com)